Mental Health Resources on Campus

Duquesne University

-University Counseling and Wellbeing Center (With Interfaith Meditation Room; Call (412) 396-6204 to schedule an appointment) – 3rd Floor Gumberg Library – 412-396-6204 (Hours- Monday through Friday, 8:30 a.m. to 4:30 p.m.)

-Health Services Office – 3rd Floor Gumberg Library – Phone: 412-396-1650 (Hours- Monday to Thursday: 8 a.m. to 6 p.m.; Friday: 8:30 a.m. to 4 p.m.)

-Psychology Clinic – 227 Rockwell Hall – Phone: 412-396-656 (Hours- Monday through Friday, 8:00 a.m. to 7:00 p.m.)

-DU CARES- Assumption Hall, (412) 396-5834 - Drug and alcohol counseling and information.

-Duquesne Public Safety- In an emergency, call (412) 396-2677 or 911- Email: publicsafety@duq.edu

-[Disability Services](https://www.duq.edu/about/accessibility/disability-services.php)- 309 Student Union- (412) 396-6658 – Resources on receiving accommodations for disabilities.

-Brother Keating Food Pantry (Helps food-insecure members of the campus community receive access to supportive services. The initiative’s comprehensive services address health and wellness and include meal vouchers and a campus food pantry) – 309 Student Union – Phone: 412-396-6657 – Email: trembulakt@duq.edu

Student Support Groups

-Student Support Group- Wednesdays @ 4:30 – Fisher 637- Contact: Luke Fabisiak- fabisiakl@duq.edu

-Study Skills Seminar- Tuesdays @ 4:30 – Fisher 607

-The Village: Black Student Support Group- Thursdays @ 4:30 – Fisher 637

-LGBTQIA+ Support Group-Tuesday @ 5 – Fisher 637- Contact: Lacie Valiante- valiantel@duq.edu

Oasis App

-The Oasis Mental Health and Wellbeing platform is **free to all students**, which includes unlimited access to self-paced, on-demand wellbeing content. In addition, you can schedule 1:1 text-based support counseling sessions with an Oasis Support Counselor, at your convenience. (Please note that Oasis is **not** a crisis service and should not be used as such.)

-Link to Download:  [https://oasiseducation.com/download/](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Foasiseducation.com%2Fdownload%2F&data=05%7C01%7Ckushnere%40DUQ.EDU%7C5a5db78856a1485df12808dbc9eb33f4%7C12c44311cf844e4195c38df690b1eb61%7C0%7C0%7C638325784244924701%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=wkkyqRfZIMe94jdxJiZObytzzDypiZ5jH5gZB2ZzTV0%3D&reserved=0)